

Gymnastics Federation of Bermuda

Quality Gymnastics proudly represented Bermuda at the Shamrock Showdown, held March 13–15, 2026, at Crystal Springs in Vernon, New Jersey. The team, coached by Frédéric Nicolas (Coach Fred), was one of 24 clubs competing in the highly competitive meet.

Athletes from Quality Gymnastics competed across several divisions including XCEL Gold, XCEL Silver, XCEL Platinum, and JO Level 6, showcasing their skills against a strong field of competitors from across the region.

The team delivered an impressive performance throughout the weekend. In each event, the top eight gymnasts were awarded medals, and many of the Quality Gymnastics athletes earned podium placements and strong finishes in their respective categories.

Among the standout performances were several athletes who earned honorable mention for exceptional results.

In the XCEL Gold 8–10 age division, Tyla Foote delivered an outstanding all-around performance to finish 2nd All-Around. She

captured 1st place on Floor Exercise with a score of 9.450 and 2nd place on Vault with a score of 9.350.

Also competing in the XCEL Gold 8–10 division, Ty-Leah Trott earned 3rd place on Bars with a score of 9.400.

In the XCEL Gold 12-year-old division, Aleyah Pacheco also had an exceptional meet, finishing 2nd All-Around. She secured 1st place on Floor Exercise with a 9.350 and 2nd place on Balance Beam with a score of 9.250.



Quality Gymnastics Group

Back row: Ashanti-Sarai Darko, Annie Archibald, Aleyah Pacheco, Isabella Daniels **Middle Row:** Lily Hall, Jasmyne Walters, Courtney Burgess, Eleanor Garcia
Front Row: Ty-Leah Trott, Tyla Foote, Raelyn Robinson, Elliyah Burgess **Missing:** Gemma Vickers

Gymnastics Federation of Bermuda cont'd

In the XCEL Silver 7 – 8 JR division, Raelyn Robinson, the youngest competitor on the team at just seven years old, delivered an impressive performance, finishing 5th All-Around. In the 11–12-year-old division, Lily Hall also had a strong showing, finishing 8th overall.

Competing in the Junior Olympics Level 6, 12-year-old division, Ashanti-Sarai Darko finished 7th All-Around, earning a medal as part of the top eight finishers.

The only athlete representing the club in the XCEL Platinum division was Isabella Daniels, who finished 7th All-Around in the 9–11-year-old division.

Quality Gymnastics Group Photo

Back Row: Courtney Burgess, Gemma Vickers, Ashanti-Sarai Darko, Coach Fred, Annie Archibald, Aleyah Pacheco, Isabella Daniels

Front Row: Jasmyne Walters, Tyla Foote, Ty-Leah Trott, Raelyn Robinson, Elliyah Burgess **Missing:** Eleanor Garcia, Lily Hall



The entire team demonstrated tremendous dedication, preparation, and sportsman-ship throughout the competition, earning numerous medals as part of the top eight finishers in their events.

The team returned home, bringing back a large collection of well-earned medals and proud accomplishments from a successful weekend of competition.

Quality Gymnastics Group Photo

Back Row: Annie Archibald, Aleyah Pacheco, Ashanti-Sarai Darko, Isabella Daniels, Coach Fred

Front Row: Jasmyne Walters, Elliyah Burgess, Raelyn Robinson, Ty-Leah Trott, Tyla Foote, Gemma Vickers, Courtney Burgess **Missing:** Eleanor Garcia, Lily Hall



XCEL Gold	Vault	Results	Uneven Bar	Results	B. Beam	Results	Floor	Results	All Around Results	Age Division	
Annie Archibald	8.400	9th	8.700	7th	8.200	8th	8.900	5th	34.200	8th	13y - 18y
Courtney Burgess	8.700	12th	8.700	10th	8.300	13th	8.850	13th	34.550	12th	8y -10y
Tyla Foote	9.350	2nd	9.300	5th	9.100	7th	9.450	1st	37.200	2nd	8y - 10y
Aleyah Pacheco	9.050	4th	8.800	5th	9.250	2nd	9.350	1st	36.450	2nd	12y
Ty-Leah Trott	9.250	4th	9.400	3rd	9.100	8th	9.050	7th	36.800	8th	8y -10y
Gemma Vickers	8.200	14th	8.500	12th	8.800	11th	9.000	11th	34.500	13th	8y - 10y
XCEL Silver											
Elliyah Burgess	8.600	9th	8.800	11th	8.400	12th	8.200	14th	34.000	12th	10y Sr.
Lily Hall	8.600	6th	8.300	8th	8.700	7th	8.500	6th	34.100	8th	11yJr. - 12y
Raelyn Robinson	9.100	5th	9.300	5th	9.300	7th	9.200	6th	36.900	5th	7y - 8y Jr.
Jasmyne Walters	8.750	10th	8.700	11th	8.000	11th	8.000	11th	33.450	11th	9y Sr. - 10y Sr.
JO Level 6											
Ashanti-Sarai Darko	8.650	7th	8.250	7th	8.375	7th	9.375	5th	34.650	7th	12y
Eleanor Garcia	8.400	12th	7.800	9th	8.700	11th	8.800	13th	33.700	11th	11y
XCEL Platinum											
Isabella Daniels	8.800	6th	8.250	6th	8.500	5th	8.800	6th	34.350	7th	9y - 11y